

What to Expect After Your Procedure

Following your procedure, your discharge instruction will be provided by a Health Images Technologist.

Rest Time:

You'll be asked to limit your physical activity for the two days following your procedure. Dr Solsberg will also advise you on physical restriction during your resting days.

I was feeling good and now I feel some pain:

Many patients feel a dramatic improvement in pain levels immediately after the procedure. This is due to the local anesthetic that was administered prior to the injection. It's normal to feel an increased in pain levels after this anesthetic wears off. If your pain continues or your symptoms get worse over the next two days, please call the office.

Pain Journal:

After your procedure, a Technologist will be giving you a Pain Management Journal. This journal is to be taken to your follow-up appointment with the physician that referred you.

Complications:

In rare instances, complications do exist. The following are symptoms that could indicate you're experiencing this:

Headache
Weakness
Numbness
Fever or Chills
Bleeding at the Injection Site
Progressive Numbness

****Complications are rare and could potentially be serious. If you're concerned about your condition, please contact us at: 303-762-0060. If you develop; headaches, weakness, bleeding at the injection site, progressive numbness or progressive symptoms, call our office. If you cannot reach our office and feel your medical condition is getting worse, please visit your local Emergency Room or call 911.**